Vocational 6th Form Newsletter

2023/24

16-19

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A bridge between school and college or work placements and apprenticeships, giving young people opportunities to learn how to do things for themselves in real life situations.















This week at V6F:

Going out into the community
is a big part of our curriculum it gives the young people a range
of experiences as well as practising
those all important road safety skills.
This week, young people have visited
a range of places, including Asda, the
library, the train station and the cafe.







Exercise is important to maintaining a healthy lifestyle so young people experience a range of physical exercises, such as cycling, boccia, seated yoga, stretching, skittles or bowling and boxing. All young people are involved in sessions that are appropriate for them and their needs, while still being fun!



Please be prepared for the cold and rain

All groups go out into the community, so everyone

needs to be ready for \underline{any} weather.





for those going to forest school or on D of E trips.









Students join in food preparation in a variety of ways; during lessons, as part of catering and at work experience.

They are developing independence in preparing a range of drinks and meals using a range of skills, such as peeling, chopping, stirring and opening cans or cartons. This will help them prepare meals for themselves and their families.